



Illawarra Ramblers Inc

Reconnoitre Activity Register

Date:

Activity :

Leader

Committee Member Notified:

Known difficulties or hazards (Leader to advise participants):

Leader : If any incidents or accidents occur please submit this register to Caroline Hudson, Activities Recorder – see Members List for contact details. Incidents must be reported using the online Incident Report form.

Acknowledgement of Risks and Obligations:

In voluntarily participating in any activity of the Illawarra Ramblers Inc, I am aware that I am risking injury, illness and death, and loss of or damage to my property. Typical risks may Include but are not limited to hyperthermia, hypothermia, slipping on loose or icy surfaces, slipping on rocks, falling rocks, exposure, snake bite, bee stings and other insect attacks, dog attacks. burns, drownings, collisions, stepping into unseen holes, accidents during vehicle travel to activities, navigation errors and becoming lost.

To minimise these risks I will:

- observe the Grading and Guidelines as outlined on the Club website for specific activities (walks, bike rides, paddles) which I have read;
- inform myself of the nature of the activity and ensure that it is within my capabilities;
- ensure my equipment is adequate as per the Grading and Guidelines;
- carry food, water, medication, and clothing appropriate for the activity;
- advise the leader of any physical or other limitation, or any dependence on medication, that may require urgent attention during the activity;
- make every effort to remain with the rest of the party during the activity;
- advise the leader of any concerns I am having;
- comply with all reasonable instructions of the leader.

I understand these risks and requirements. If a temporary member, in signing this form I acknowledge that I have been granted temporary membership of the above named club.

	NAME - Please Print	SIGNATURE	Member	IN CASE OF EMERGENCY	
				Phone Number	Car Reg Number
1			Y N		
2			Y N		
3			Y N		
4			Y N		
5			Y N		
6			Y N		
7			Y N		
8			Y N		
9			Y N		
10			Y N		